

**CCLHO**  
**8th Almost Semi-Annual 5K**  
**FUN RUN, WALK OR CRAWL**  
**Embassy Suites Hotel,**  
**San Rafael**  
**April 20, 2006**  
**6:30 am - 7:30 am**

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Registration for the 5K Fun Run, Thursday, April 20, 2006

Fee is \$15 and includes event T-Shirt *(FREE without T-Shirt)*

Please FAX this form by NOON March 20<sup>th</sup> to

(916) 440-7595

so we can order T-Shirts

Check the Fun Run and Include the fee with the Registration Amount

Name\_\_\_\_\_

T-Shirt Size:   ☐ Small        ☐ Medium        ☐ Large        ☐ X-Large

Don't forget your tennies!